

LESSONS & GROUP TRAINING

Have you experienced the G.O.A.T Difference yet?







Game On Athlete Training

How do we do it? We care.

BUILD CONFIDENCE- We help build the physical and mental fundamentals needed to play sports, which includes improving tecniques, skills, and ultimately the confidence needed to be successful.

HAVE FUN!- Our instructors are positive minded, working hard while having fun to help make your son or daughter a more prepared athlete, resulting in more confidence and successes on the field or court.

CREATE SUCCESS- We can work on any skills that you want to develop further, and can work on different skills in the same lesson. Proper technique, combined with a good attitude and hard work, make sports much more fun to play!

No matter the age or sport, our coaches bring out the best in local athletes. Academically, physically, and mentally, we do far more than just teach sports! Hard work, dedication, and commitment are part of the process.

Please be sure your child is willing to put in the effort!

Lesson Prices*

\$40 half hour \$65 full hour (up to 3 players)
+\$10 per extra player * lesson packages available

Training to Improve.